

## RTP GUIDELINES FOR ASSOCIATES BASED ON CDC GUIDANCE IN COMMON SCENARIOS

Scenario	Quarantine Required Y/N	Quarantine Length	Conditions for Returning On-Site (BV Premises or Client Site)	Quarantine/Isolation *
Exposed <sup>1</sup> with no symptoms	Y	<b>Test based:</b> Seven days if asymptomatic and receives a negative test in the final two days of quarantine.  <b>Non-test based:</b> Ten days if asymptomatic and is not tested.	Can return after either 7 days with a negative test given within 48 hours before return or 10 days if asymptomatic and no test is given; must follow general guidelines <sup>2</sup> .	Quarantine
	N	Quarantine not required if fully vaccinated <sup>3</sup> within the last three months and asymptomatic or tested positive within the past three months and asymptomatic.	Provide proof of full vaccination or positive test results; must continue to follow general guidelines.	
Exposed with mild to moderate symptoms <sup>4</sup> but no test	Y	A minimum of 14 days from the last date of exposure and at least 24 hours have passed since resolution of fever without medication and all other symptoms have improved.	May return when 14 days have passed from the date of last exposure and at least 24 hours have passed since resolution or fever without medication and all other symptoms have improved; must follow general guidelines.	Isolation
Exposed with severe symptoms but no test	Y	Length of isolation is determined by the health care provider and minimum of: • at least 10 days since symptoms first appeared <b>AND</b> • at least 24 hours with no fever without fever-reducing medication <b>AND</b> • symptoms improving <sup>5</sup>	A doctor's note releasing the individual to return or minimum of at least 10 days since symptoms first appeared and at least 24 hours have passed since resolution of fever without medication and all other symptoms have improved.	Isolation
Mild to moderate symptoms but no exposure and no test	Y	Stay at home and monitor symptoms and consult with a doctor if symptoms worsen	Return when symptoms resolve and are fever free for 72 hours	Quarantine
Severe symptoms but no exposure and no test	Y	Length of isolation is determined by the health care provider and minimum of: • at least 10 days since symptoms first appeared <b>AND</b> • at least 24 hours with no fever without fever-reducing medication <b>AND</b> • symptoms improving	A doctor's note releasing the individual to return or minimum of at least 10 days since symptoms first appeared and at least 24 hours have passed since resolution of fever without medication and all other symptoms have improved.	Isolation
Mild to moderate symptoms but no exposure and positive test	Y	A minimum of: • at least 10 days since symptoms first appeared <b>AND</b> • at least 24 hours with no fever without fever-reducing medication <b>AND</b> • symptoms improving	After a minimum of 10 days from symptom onset and at least 24 hours have passed since resolution of fever without medication and all other symptoms have improved; must follow general guidelines.	Isolation
Severe symptoms but no exposure and a positive test	Y	Length of isolation is determined by the health care provider and minimum of: • at least 10 days since symptoms first appeared <b>AND</b> • at least 24 hours with no fever without fever-reducing medication <b>AND</b> • symptoms improving	A doctor's note releasing the individual to return and minimum of at least 10 days since symptoms first appeared and at least 24 hours have passed since resolution of fever without medication and all other symptoms have improved.	Isolation
Mild to moderate symptoms but no exposure and a negative test	Y	Stay at home and monitor symptoms and consult with a doctor if symptoms worsen	Return when symptoms resolve and at least 24 hours have passed since resolution of fever without medication.	Quarantine
Severe symptoms but no exposure and a negative test	Y	Length of isolation is determined by the health care provider	A doctor's note releasing the individual to return or when symptoms resolve and at least 24 hours have passed since resolution of fever without medication.	Isolation
Exposed plus mild to moderate symptoms and negative test	Y	A minimum of 14 days from the last date of exposure and at least 24 hours have passed since resolution of fever without medication and all other symptoms have improved.	May return when 14 days have passed from the date of last exposure and at least 24 hours have passed since resolution or fever without medication and all other symptoms have improved; must follow general guidelines.	Isolation
Exposed plus severe symptoms and negative test	Y	Length of isolation is determined by the health care provider and minimum of: • at least 10 days since symptoms first appeared <b>AND</b> • at least 24 hours with no fever without fever-reducing medication <b>AND</b> • symptoms resolved	A doctor's note releasing the individual to return or minimum of 10 days since symptoms first appeared and at least 24 hours have passed since resolution of fever without medication and all other symptoms have improved	Isolation
Exposed but no symptoms and a positive test	Y	10 days from the date the test was given as long as no symptoms develop	10 days from the date the test was given and no subsequent illness or symptoms; must follow general guidelines	Isolation
No exposure with no symptoms but a positive test	Y	10 days from the date the test was given	10 days from the date the test was given and no subsequent illness or symptoms; must follow general guidelines	Isolation
No exposure with no symptoms and a negative test	N	N/A	Must follow general RTP guidelines	N/A

\* **Isolate** when you have or you think you might have COVID-19, whether or not you have symptoms.

**Quarantine** if you might have been exposed to COVID-19 and stay home.

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID-19-Quarantine-vs-Isolation.pdf>

1 Those who have been in close proximity (within six feet of an infected person (confirmed or suspected)) for a prolonged period (15 minutes or more), during the 48 hours before the infected person exhibits symptoms (or, if asymptomatic, 48 hours prior to the administration of their COVID-19 test) until the infected person is cleared from self-isolation.

2 The term "general guidelines" refers to the CDC suggested practices to prevent the spread of COVID including wearing a mask or cloth face covering, frequent handwashing, remaining six feet away from others, and regularly cleaning and disinfecting all work areas.

3 Fully vaccinated means it has been more than 2 weeks after an individual has received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna), or more than 2 weeks after they have received a single-dose vaccine (Johnson and Johnson).

4 While not specifically defined in the CDC guidance on discontinuation of self-isolation, the CDC provides the following information in other guidance: Mild illness: Individuals who have any of the various signs and symptoms of COVID-19 (e.g., fever, cough, sore throat, malaise, headache, muscle pain) without shortness of breath, dyspnea, or abnormal chest imaging.

5 Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation.

**In all cases of potential or confirmed cases, employees should identify all individuals who worked in close proximity (6 ft.) for prolonged period (15 min or more) during 48-hour period before onset of symptoms.**